



# SAINT FRANCIS IN THE VALLEY EPISCOPAL CHURCH

Green Valley, Arizona

The Rev. Canon Colville Smythe, Interim Rector

The Rev. Becky Williamson, Deacon

The Rev. Nelson Mendoza, Curate

## THE ORDER FOR MORNING PRAYER, RITE TWO

THE FOURTH SUNDAY AFTER PENTECOST • 28 JUNE 2020

### Organ Prelude

### Welcome and Introduction

### Opening Hymn 7 *Christ, whose glory fills the skies*

1. Christ, whose glory fills the skies,  
Christ, the true, the only Light,  
Sun of Righteousness, arise!  
Triumph o'er the shades of night:  
Dayspring from on high, be near;  
Daystar, in my heart appear.
2. Dark and cheerless is the morn  
unaccompanied by thee;  
joyless is the day's return,  
till thy mercy's beams I see,  
till they inward light impart,  
glad my eyes, and warm my heart.
3. Visit then this soul of mine!  
Pierce the gloom of sin and grief!  
Fill me, radiancy divine;  
scatter all my unbelief;  
more and more thyself display,  
shining to the perfect day.

### The Opening Sentence

Officiant: I was glad when they said to me, "Let us go to the house of the Lord."

## **The Confession of Sin**

*The Officiant says to the people*

Let us confess our sins against God and our neighbor.

*Officiant and People together, all kneeling*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Priest alone stands and says*

Almighty God have mercy on you, forgive you all your sins  
through our Lord Jesus Christ, strengthen you in all  
goodness, and by the power of the Holy Spirit keep you in  
eternal life. **Amen.**

## **The Invitatory and Psalter**

*All stand*

Officiant: Lord, open our lips.

*People: And our mouth shall proclaim your praise.*

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as  
it was in the beginning, is now, and will be for ever. Amen.

**Venite Psalm 95:1-7**

Officiant: Worship the Lord in the beauty of holiness:

*People: Come let us adore him.*

*Together: Come, let us sing to the Lord; \**

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.

For the Lord is a great God, \*  
and a great King above all gods.

In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

The sea is his, for he made it, \*  
and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.

For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!

**Psalm 89:1-4, 15-18 (To be said by All)**

1 Your love, O LORD, for ever will I sing; \*  
from age to age my mouth will proclaim your faithfulness.

2 For I am persuaded that your love is established for ever; \*  
you have set your faithfulness firmly in the heavens.

3 "I have made a covenant with my chosen one; \*  
I have sworn an oath to David my servant:

4 'I will establish your line for ever, \*  
and preserve your throne for all generations.'"

15 Happy are the people who know the festal shout! \*  
they walk, O LORD, in the light of your presence.

16 They rejoice daily in your Name; \*  
they are jubilant in your righteousness.

17 For you are the glory of their strength, \*  
and by your favor our might is exalted.

18 Truly, the LORD is our ruler; \*  
the Holy One of Israel is our King.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The First Lesson**

A Reading from the Letter to the Romans (6:12-23)

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Reader: The Word of the Lord.

*People: Thanks be to God.*

**Canticle: The Third Song of Isaiah** *(To be said by All)*

Arise, shine, for your light has come, \*  
and the glory of the Lord has dawned upon you.  
For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.  
But over you the Lord will rise, \*  
and his glory will appear upon you.  
Nations Will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.  
The Lord will be your everlasting light, \*  
and your God will be your glory.  
  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

**The Second Lesson**

A Reading from the Gospel of Matthew (10:40-42)

**J**esus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward."

Reader: The Word of the Lord.

*People: Thanks be to God.*

**Canticle: The Song of Zechariah** *(To be said by All)*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
holy and righteous in his sight  
all the days of our life.  
You, my child, shall be called the prophet of the Most High, \*  
for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
by the forgiveness of their sins.  
In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
To shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

**The Sermon**      The Rev. Canon Colville Smythe

**The Apostles' Creed**

*Officiant and People together, all standing*

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,

was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

**Hymn 518** *Christ is made the sure foundation*

1. Christ is made the sure foundation,  
Christ the head and cornerstone,  
chosen of the Lord, and precious,  
binding all the Church in one;  
holy Zion's help for ever,  
and her confidence alone.
2. All that dedicated city,  
dearly loved of God on high,  
in exultant jubilation  
pours perpetual melody;  
God the One in Three adoring  
in glad hymns eternally.
3. To this temple, where we call thee,  
come, O Lord of Hosts, today;  
with thy wonted loving-kindness  
hear thy servants as they pray,  
and thy fullest benediction  
shed within its walls alway.
4. Here vouchsafe to all thy servants  
what they ask of thee to gain;  
what they gain from thee, for ever  
with the blessed to retain,  
and hereafter in thy glory  
evermore with thee to reign.

## The Prayers

*The People stand or kneel*

Officiant: The Lord be with you.

People: *And also with you.*

Officiant: Let us pray.

*Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

V. Save your people, Lord, and bless your inheritance;

R. *Govern and uphold them, now and always.*

V. Day by day we bless you;

R. *We praise your Name for ever.*

V. Lord, keep us from all sin today;

R. *Have mercy on us, Lord, have mercy.*

V. Lord, show us your love and mercy;

R. *For we put our trust in you.*

V. In you, Lord, is our hope;

R. *And we shall never hope in vain.*

## **The Collect for the Fourth Sunday after Pentecost**

**A**lmighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **A Collect for Recovery from Sickness**

O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and all infirmity: Be present in your goodness with all your servants who are suffering, *and especially those that you at home name now \_\_\_\_\_*: that their weakness may be banished and their strength restored; and that their health being renewed, they may bless your holy Name; through Jesus Christ our Lord. **Amen.**

## **A Collect for Mission**

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

## **A Litany of Thanksgiving**

Let us give thanks to God our Father for all his gifts so freely bestowed upon us.

For the beauty and wonder of your creation, in earth and sky and sea,  
*We thank you, Lord.*

For all that is gracious in the lives of men and women, revealing the image of Christ,  
*We thank you, Lord.*

For our daily food and drink, our homes and families, and  
our friends,  
*We thank you, Lord.*

For minds to think, and hearts to love, and hands to serve,  
*We thank you, Lord.*

For health and strength to work, and leisure to rest and play,  
*We thank you, Lord.*

For the brave and courageous, who are patient in suffering  
and faithful in adversity,  
*We thank you, Lord.*

For all valiant seekers after truth, liberty, and justice,  
*We thank you, Lord.*

For the communion of saints, in all times and places,  
*We thank you, Lord.*

Above all, we give you thanks for the great mercies and  
promises given to us in Christ Jesus our Lord;  
*To him be praise and glory, with you, O Father, and the  
Holy Spirit, now and for ever. Amen.*

### **Announcements**

Officiant: Let us bless the Lord.

People: *Thanks be to God.*

*The Priest blesses the congregation.*

### **Closing Hymn 525 *The Church's one foundation***

1. The Church's one foundation  
is Jesus Christ her Lord;  
she is his new creation  
by water and the word:  
from heaven he came and sought her  
to be his holy bride;  
with his own blood he bought her,  
and for her life he died.

2. Elect from every nation,  
yet one o'er all the earth,  
her charter of salvation,  
one Lord, one faith, one birth;  
one holy Name she blesses,  
partakes one holy food,  
and to one hope she presses,  
with every grace endued.

3. Though with a scornful wonder  
men see her sore oppressed,  
by schisms rent asunder,  
by heresies distressed;  
yet saints their watch are keeping,  
their cry goes up, "How long?"  
and soon the night of weeping  
shall be the morn of song.

4. Mid toil and tribulation,  
and tumult of her war  
she waits the consummation  
of peace for evermore;  
till with the vision glorious  
her longing eyes are blessed,  
and the great Church victorious  
shall be the Church at rest.

5. Yet she on earth hath union  
with God, the Three in One,  
and mystic sweet communion  
with those whose rest is won.  
O happy ones and holy!  
Lord, give us grace that we  
like them, the meek and lowly,  
on high may dwell with thee.

## **Dismissal**

## **Organ Postlude**



## COOLDOWN WITH THE CURATE



### Description:

As the summer heats up and the news headlines sizzle, swing by our online gathering to decompress and cool off while getting to know our new curate! Join The Rev. Nelson Mendoza for a weekly opportunity to connect and chat about things going on both in the world and in your lives. In addition, we will be sharing different and innovative ways we are practicing self-care using techniques ranging from mindfulness meditation, centering prayer, and more!

**Who:** All who are interested in connecting with the new curate.

**What:** Approximately 1 hour long conversations, dialogue, and exploring new ways to relax despite the heat.

**When:** Thursdays at 3 PM starting July 2

**Where:** Zoom

**Why:** To connect and learn new methods of self-care

**EX:** Gratitude practices, unplugging for the day, stretching, mindfulness meditation, prayer, dancing/music, journaling, etc. - We will explore ways of self-care each week by seeing how people have been doing each week with practices we discussed the week prior and then introduce a new practice.

**ACTION ITEM:** Create an agenda for each meeting that includes which self-care method we will be exploring. Find ways to create helpful dialogue. If you're interested in participating or getting more details, please email Nelson at [nelson@stfranciscgvaz.org](mailto:nelson@stfranciscgvaz.org) so that he can get you the appropriate information to participate.



## HUMANS OF ST. FRANCIS



**Description:**

This will be a photo/narrative series for the people of St. Francis that allows them to share parts of their life with the rest of the community. In addition to storytelling, it will allow people to feel connected despite the current state of affairs.

Who: Congregation members of St. Francis.

What: A photo narrative series that will document St. Francis folks by asking them to submit a photo(s) and a short story about something important that happened to them.

When: Weekly social media posts and submissions in “News from the Pews” or other locations - will begin soliciting for “entries” starting soon with the hope to begin sharing online/etc. by July 6.

Where: All digital or people can mail photos in if that’s more doable for them. We can return them.

Why: To continue to build community despite the quarantine, to learn about one another, to increase social media content, and to share community demographics with outside folks and potential members.

**ACTION ITEM:** Create an “in-take” form or questionnaire. Figure out at least 4-6 people we can use as our

pilot conversation partners. Also, figure out a way for people without internet/tech to submit photos or share their interest.

If you’re interested in participating or getting more details, please email Nelson at [nelson@stfrancisgvaz.org](mailto:nelson@stfrancisgvaz.org) so that he can get you the appropriate information to participate.

## **AN INVITATION TO MONDAY MORNING PRAYER**

Remember when we used to be able to come and pray in church during the week? Ahh...Those were the days. Now those days are coming back! Reg Kahramanis invites you to tune in Mondays on Zoom to share in Morning Prayer with church friends.

You’ll need a computer (or a smart phone) with a built-in camera and a microphone. Just log in **now** to **zoom.us** , and sign up for the free Zoom app. That way, when Reg sends you your Invitation to join St. Francis’ Morning Prayer Group online, all you have to do on your Invitation is to click on Join Zoom Meeting, and you’re in!

Monday Morning Prayer is a lovely way to start your week with a 25-

minute service from the Book of Common Prayer, led by Reg and other seasoned prayer leaders. Contact Reg at [regkahr@gmail.com](mailto:regkahr@gmail.com), or 520-331-1896. Tell him to sign you up for Monday Morning Prayer!  
*Fr. Colville*



**WANTED:** A parish member with clear handwriting or printing to address the birthday and anniversary cards to be signed and sent out by the clergy. Approximate time needed: 2 – 3 hours per month, on your schedule, at home.

Contact: Fr. Colville  
[colville @ stfranciscgvaz.org](mailto:colville@stfranciscgvaz.org)

## **FOUR MINOR PROPHETS SPEAKING TO US TODAY**

Our online class on Four Minor Prophets is a Zoom conversation on Monday afternoons (June 8, 22 & 29) from 2 to 3 PM You need a computer with a camera and a microphone, either built in or attached. If you haven't Zoomed before, log on NOW to [zoom.us](https://zoom.us), and sign up for their free app! Then on Monday at 2 PM, you'll be ready to 'Join Zoom Meeting' on the meeting Invitation I will email you, and you will be welcomed right into our classroom!

To enroll, you must email me right away to say that you will join us online: [colville@stfranciscgvaz.org](mailto:colville@stfranciscgvaz.org) – June 8 at 2 PM. See you in class!

*Fr. Colville*

- June 22 Joel New behavior in a new world
- June 29 Amos The world is out of plumb